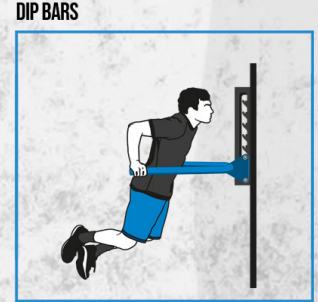
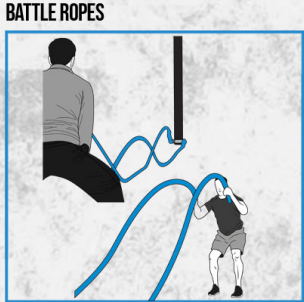
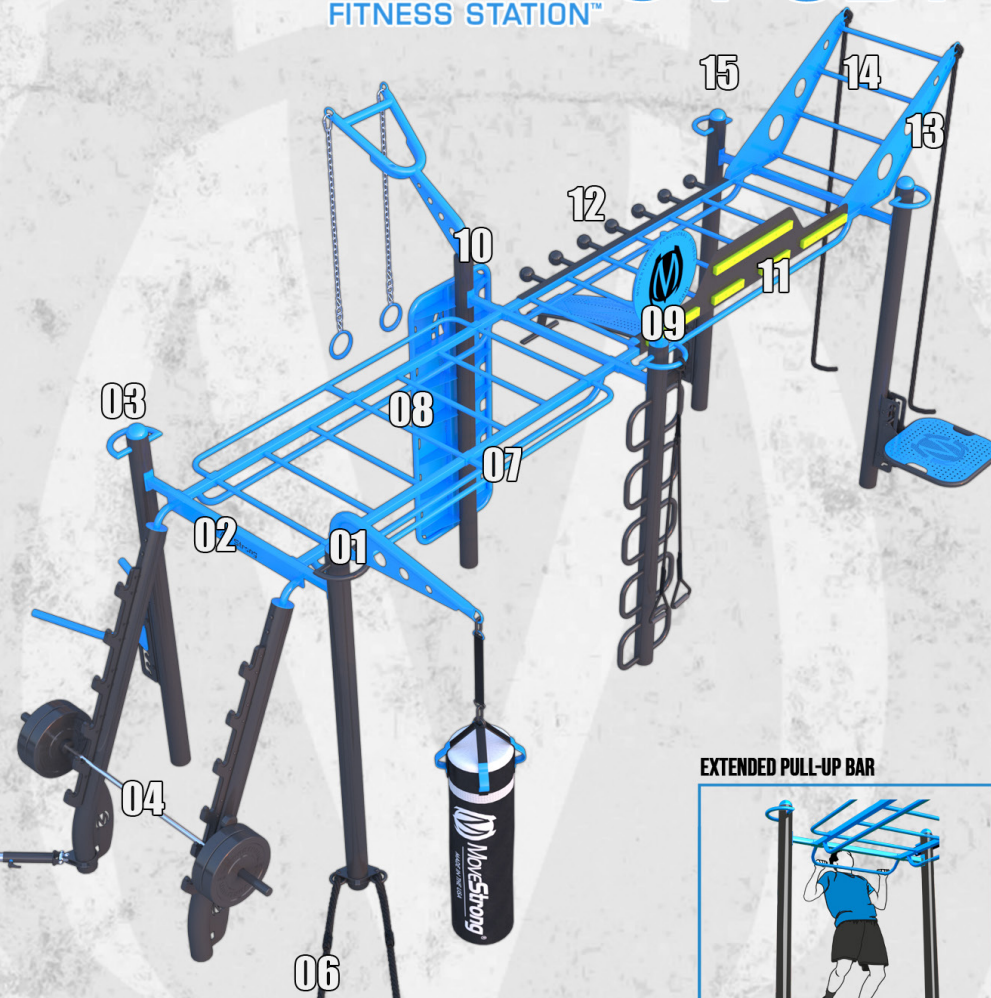


# T-Rex POST Elite

FITNESS STATION™

- 01- Standard Post w' Extension Hanger & Heavy Bag
- 02- Extended Pull-Up Bar
- 03- Standard Post w' ADJ. Dip
- 04- Squat Rack
- 05- GRT/Use w' Olympic Bar
- 06- Battle Rope
- 07- Side Rail Pull-Up Bars
- 08- Monkey Bar Bridge with Lower Rails
- 09- Loop Post w' Elevate Rope Trainer & Single Med Ball Target
- 10- Kick Plate Post w' Y-Extender & Rings
- 11- Cliff Hanger
- 12- Globe Grips
- 13- Standard Post w' ADJ. Step
- 14- Climber Bars
- 15- Standard Post w' ADJ. AB Board



**NEW MOBILE TRAINER**

TRY ME

MEET YOUR NEW MOBILE TRAINER

1. LOCATE QR CODE
2. SCAN THE QR WITH YOUR PHONE CAMERA
3. WATCH HOW-TO VIDEOS

OR SCAN INSTRUCTIONAL DECALS FOR EVERY FITNESS STATION

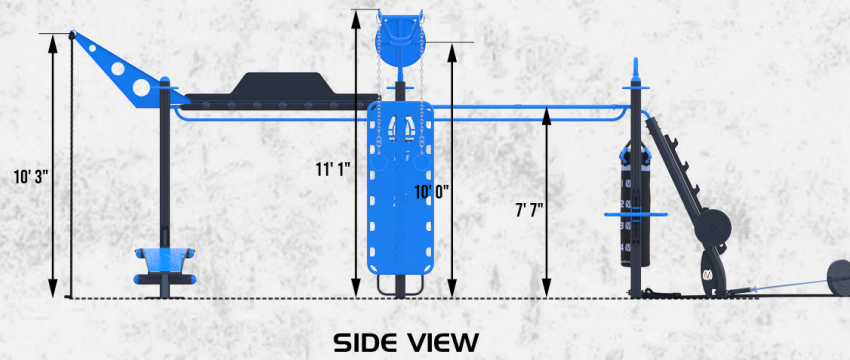
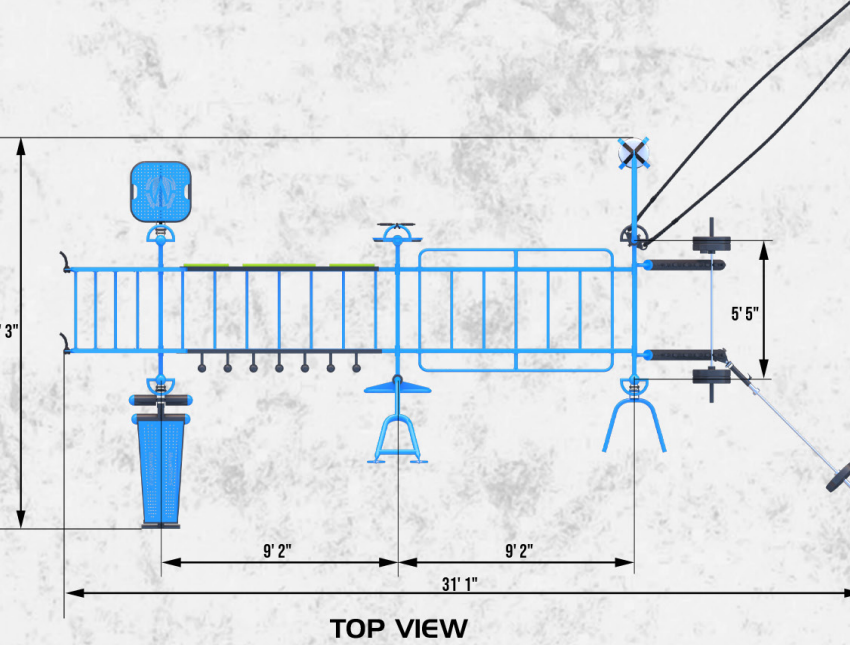
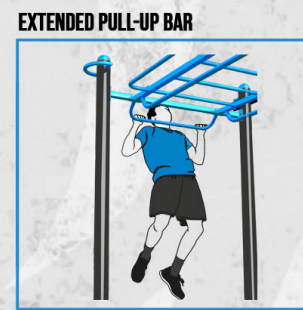
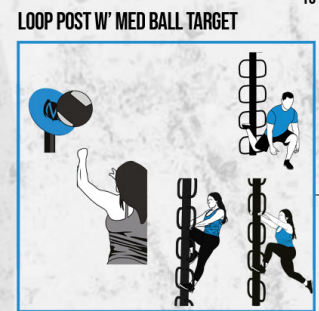
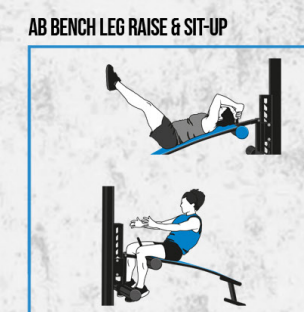
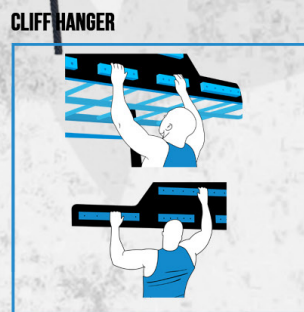
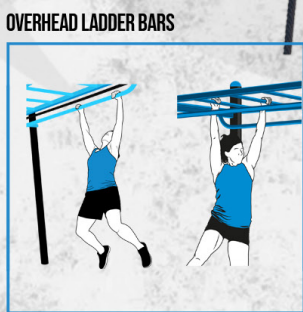
<https://movestrongfit.com>

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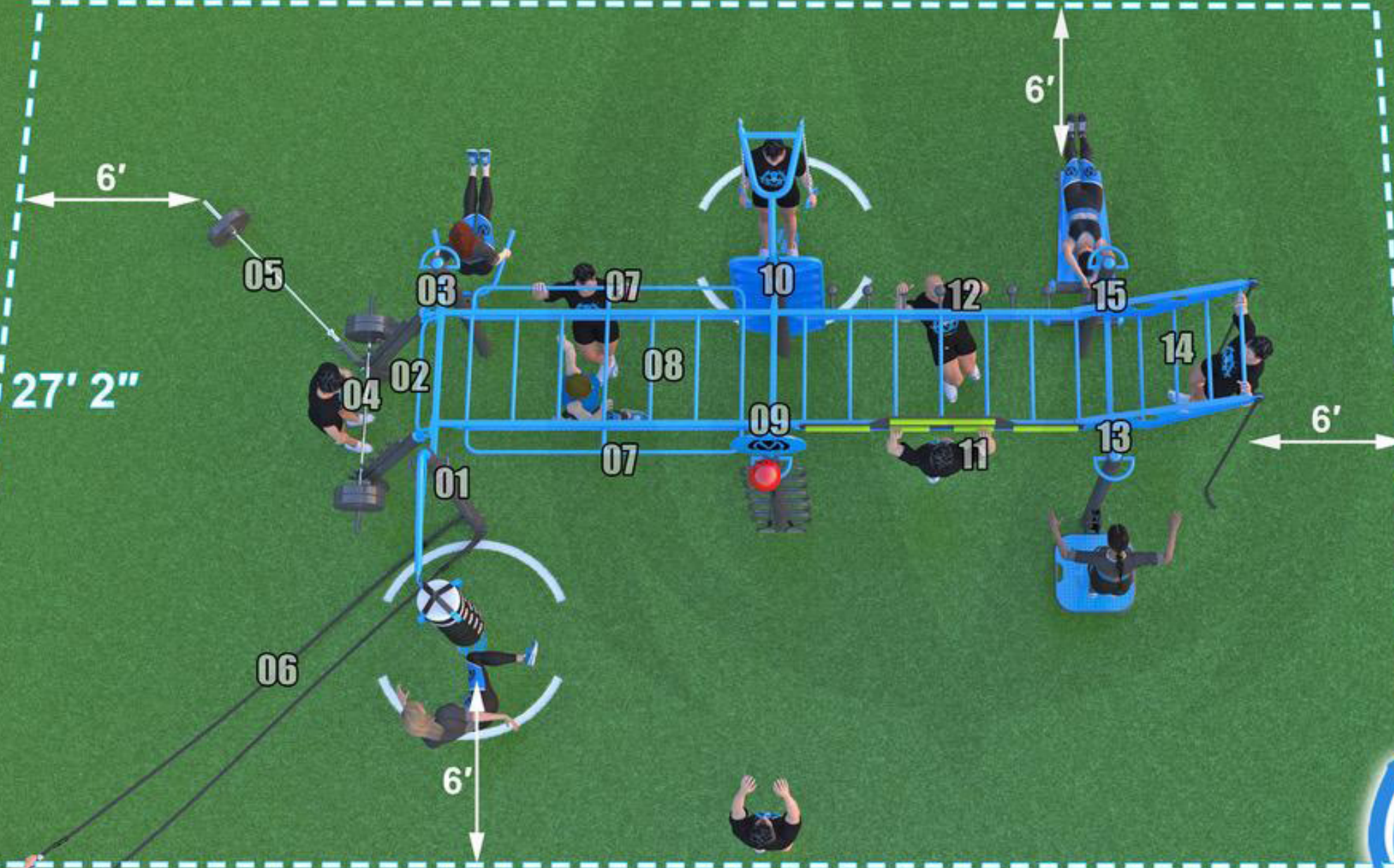
# T-Rex POST Elite

FITNESS STATION<sup>®</sup>

Training Zone

42' 11"

27' 2"



- 01- Standard Post w' Extension Hanger & Heavy Bag
- 02- Extended Pull-Up Bar
- 03- Standard Post w' ADJ. Dip
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